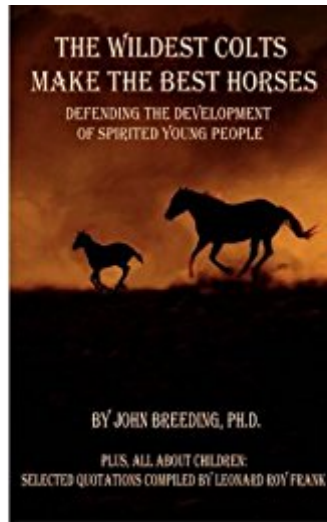


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# The Wildest Colts Make The Best Horses



## Synopsis

"This is a self-help book like you've never seen before. It says we do need help and details many helpful strategies. It underscores that drugs are not helpful. I envision parent support groups being formed around this book in concerned communities across America." - Moira Dolan, MD, parent & medical researcher. "John Breeding is a parent who has continued to be fascinated with his children as he and they continue to grow up. His wisdom comes from his delight, which makes him a revolutionary". - Brad Blanton, author of 'Radical History: How to Transform Your Life by Telling the Truth' Description What to do when your child is labelled a problem by the schools. The truth about Ritalin, ADHD and other 'disruptive behavioral disorders'. In this revised and expanded Chipmunka edition, John Breeding sends out a powerful message and strong support for adults who want to encourage the spirited development of our children. The book calls for a halt to the epidemic drugging of young people for so-called ADHD and other alleged mental illnesses. This book shows us how to counsel our children and insists we must not forsake the great gift of viewing them with the 'eyes of delight!' John is a clear, strong advocate for young people and a great ally to parents wanting support to respond to their children in a positive way. About the Author John Breeding PhD is a counselling psychologist from Austin, Texas USA. John is director of 'Texans For Safe Education', a citizen's group dedicated to challenging the ever-increasing role of psychiatry, especially psychiatric drugs, in schools. He is also active on other challenges of psychiatric oppression, and is a steering committee member of the Coalition for the Abolition of Electroshock in Texas (CAEST), whose website is [www.endofshock.com](http://www.endofshock.com). Dr. Breeding obtained his doctorate in School Psychology from the University of Texas. He is the author of three Chipmunka books, 'The Wildest Colts Make the Best Horses', 'The Necessity of Madness and 'Eyes Wide Open'. He has written several other books on a variety of subjects. John is the father of two teenagers, Eric and Vanessa Book Extract About Eric I had a very hard time with my son, Eric, when he was between the ages of 4 and 7. He was angry a lot, demanded a lot of attention, and was seldom content or satisfied. As a father, I was taxed to my limits again and again, especially by his anger, defiance and obstinacy. A session might begin when I would interrupt his attempt to hit his little sister or throw a toy or other object. When I stayed close and did not accept his rejection or allow him to isolate into his room or run away outside, he would turn his fury on me and hit me or pull my hair. I would do my best to thoughtfully restrain him, but I inevitably took some shots. I had some fear of him, but I think my biggest fear was about him - that he would never get through this, that he was and would be emotionally disturbed, that we were creating a monster. I was furious with him. There were times when I felt like killing him. By the grace of God, I never struck out at him, but I have to admit

that there was a time or two when I was overzealous in restraining him during a session. I yelled at him more than I like to admit. In retrospect, this is what I think happened. His mother and I made Eric go to pre-school/day care when he clearly didn't want to. Many times over he furiously resisted as I carried him to the car and strapped him into his carseat. Part of the difficulty was probably his parents' insecurity about being separated from him. I am sure, however, that an even greater part was Eric's spirited fight for what he wanted and knew was best for him - to stay home! We finally accepted that and he has thrived.

## **Book Information**

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## **Customer Reviews**

I thought Dr. Breeding's book was outstanding, because anyone dealing a child who is labeled a problem/disabled/special education would find comfort and understanding reading this selection. Appropriately dealing with situations that involve children who are considered a problem is a very daunting job if you do not know what you are doing. This book clearly describes and defines the problems that labeled children face in America. Dr. Breeding has a style of writing which is easy to

comprehend, because he does an excellent job at explaining the topics he presents. For example, he doesn't just claim "drugging children is harmful." He provides a full and complete explanation of why parents should look at other options outside of medication for their children. So often parents are pushed, bullied, and shoved into the easy way to resolve problems with children, and end up paying greatly at a latter date. If you want an open and honest insight Dr. Breeding's book is a page turner. I was impressed with Dr. Breeding's anti drugging stance, because almost every child I have ever seen be placed on medication perform poorly socially, academically, and emotionally in the long run. Even the few that do demonstrate excellence academically end up latter on with either a drug problem or taking even more drugs to focus. I appreciate a doctor's willingness to just tell the truth. This book also highlights the important aspect of becoming a better parent, because it is much easier or more successful to parent children when you actually understand them. I think most parents find frustration with thier childre, because they do not understand, therefore, do not know how to effectively respond. To date, I have now read a lot of writings by Dr.

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